

Tech Recovery and Client Session Safety Plan

Client Name: _____

Emergency Contact Name: _____

Contact's Relationship to Client: _____

Contact's Phone Number: Cell: _____ Home: _____

Contact's Address: _____

I give Freedom's Hope Counseling, LLC, permission to contact my emergency contact regarding my health care in the case of an emergency: _____ *(Please initial)*

Technology Emergencies:

If we experience a technical failure during a session or other interaction, **Freedom's Hope Counseling, LLC, will always attempt to reconnect with you**, even if it seemed we were about to finish our interaction.

Backup Communication Method:

Method: Clinician will contact client by telephone

Provider's number/address: (970) 829-1968; 1006 Robertson St, Suite 110, Fort Collins, CO 80524

Client's phone number: _____

Client's address: _____

Plan: Provider will attempt to call client at the above number. If unable to connect by phone, provider will send client a secure email at _____@_____ to inform client that she/he could not get through by phone. (Client Email)

Identification Plan

If we need to connect by a medium that does not provide a satisfactory way to identify each other, we will use the following secret authentication method to identify each other. We may use this method if we connect textually or if our video or audio connection becomes very poor. **Do not inform any other people of our plan.**

Method: The provider will ask, " _____?" Client will respond, " _____."

Scene Safety Plan

Sometimes there may be other people who attempt to intrude on our session, or there may be other reasons why the space you are in is not psychologically safe for our work. **Do not inform any other people of our plans.**

To help your provider know when your space is unsafe, we will do the following scene safety check at the beginning of each session:

Scene safety check method: Client will circle the room with video streaming

In cases when you need it, we will use the following secret call and response code to indicate that your space is not currently safe:

Scene unsafe call and response: The therapist always asks, "_____?"

If the scene is unsafe, the client will respond, "_____."

Health & Safety Emergency

If you are in a mental health crisis, you will call this # for help: 911 or _____

If you have a medical or safety emergency, you will call this # for help: 911 or _____

First hospital you may go to for a medical issue

Main hospital name: _____

Main hospital phone #: _____

Main hospital address: _____

Second hospital you may go to for a medical issue

Secondary hospital name: _____

Secondary hospital phone #: _____

Secondary hospital address: _____

If you need to contact your provider during an emergency, the following method is the way to do it. Remember that your provider may not be able to provide any emergency or crisis assistance:

Provider emergency contact method: Client will contact clinician by telephone

Provider's number/address: (970) 829-1968; 1006 Robertson St, Suite 110, Fort Collins, CO 80524