



ENDING THE GAME *of Sex Trafficking* *Group*

Contact:

**Connie Mitchell,
LPC, TMHC, NCC**
(970) 829-1968

Locations:

***Greeley & Fort Collins,
Colorado***

About the facilitator:

Connie Mitchell, LPC, TMHC, NCC is a Board Certified Licensed Professional Counselor and is Tele-Mental Health Certified. She is the Director of Freedom's Hope Counseling, LLC. She has led ***Ending The Game*** groups, developed a **one-day sex trafficking workshop**, and created a **two-year intensive outpatient program** for survivors of human trafficking. Additionally, she runs a ***Women's Trauma Recovery & Empowerment*** Group, and focuses in Depression, Anxiety, Recovery from Coercive Control, Abusive Relationships. Spiritual Abuse and Trauma.

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If you have experienced physical, sexual or emotional abuse from commercial sex work, are interested in re-building your life from the inside out, improving self-esteem, and decreasing the obstacles of guilt and shame, please join us as we make positive steps toward healing in a community of sister survivors. All sharing will be done in an atmosphere of safety and respect.

Topics to be covered are: What was the hook which enticed you to the sex industry?; Healthy thoughts vs. degrading thoughts; Emotional intensity; Product vs. person; Fears; Shame; and The power of sisterhood.

Because the impact of abuse can run deep, it is recommended that members be in individual therapy in addition to group therapy.

A 25-minute counseling interview will be required prior to group to assess each participant's needs.

The group starting date is TBD, is 1 hour long and lasts 10 weeks. Payment will be required per session whether in attendance or absent.

Cost: \$40 per group session

A 10% discount will be offered to those who pay for the entire 10 weeks in full.

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www.FreedomsHopeCounseling.com